

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Matthew Janse van  
Rensburg**

Has successfully participated & completed the  
**5km Shift Wellness - Summer Trail Run**  
held at Walter Sisulu Garden.

**TIME 00:40:59**

**PACE 08:10/km**  
**OVERALL 26 of 114**

**GENDER 17 of 42**  
**14 - 19 2 of 3**

27 January 2019, Sun  
Date



BoutTime  
Signature

